



Henham 10K & 3K Fun Run

The next Henham 10K and 3K Fun Run will be on Sunday 24th June at 10.30am at Henham and Ugley Primary and Nursery School.

The race is a major biennial fund-raising event for the School. In 2004 funds raised were instrumental in getting the School Community Hall built, and since then all monies raised have helped towards the Halls maintenance and upkeep. This year all funds raised will go towards technology, the setting up of a new website and other facilities within the School.

The route is set in the wonderful Essex countryside and is predominantly off tarmac roads. There will be a variety of refreshments at the finish for participants and their families to enjoy. This will include sausages and burgers cooked and supplied by the local based company Meat Masons (“The Secret Sausage Shop”).

Sponsors Needed

We are still looking for more sponsors for the race. With our field of 400 runners, any sponsorship would prove effective advertising for a company and, as we are a registered charity, all sponsorship counts as charitable donation. Sponsorship could be goods in kind or a range of monetary amounts (£50 to £250) each associated with a different level of promotion and advertising. If you, or any friends or colleagues might be interested, then contact the Committee.

Volunteers welcome

If you are not a runner or walker then remember that lots of volunteers are needed to make the event run smoothly. If you can help in any way then again do get in contact with the Committee.

Race entry forms will be available on www.henham10k.co.uk, our Facebook page “Henham 10k”, from the school office and the local village shop shortly. Any queries can also be directed to our email address which is admin@henham10k.co.uk.

We look forward to seeing you there!

